



MEDICINE FOR THE NEW MILLENNIUM IS ALREADY HERE

By Catherine Wilkins B. V.Sc.

- Part Two

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There are many different paths we can take for healing, some of them more appropriate for us than others, and now a whole new field of therapy is opening up as we begin to appreciate the true nature of our Universe. This new field is holographic therapy, foremost among which is Metabiotic Medicine as pioneered by Catherine Wilkins, founder and director of the Institute of Metabiotic Medicine in Adelaide. Here are the rest of the pertinent questions we asked:

Q: How does Metabiotics work with other modalities?

CW: Because of its holographic nature it works extremely well. It can be used as the framework for any other kind of work, from accounting to naturopathy to engineering. Different skills fit into part of the hologram. Metabiotics teaches you the hologram itself. An example would be a naturopath giving a client some herbs but using Metabiotics to track the effect of the energy of the herbs on the energy of the client so they would be able to predict with greater accuracy and skill what was the exact right blend or herb for their client's body, rather than having to rely on what is effective for the average body. With practice the Metabiotic Practitioner can become highly skilled at picking up even the smallest details.

Q: I thought this kind of ability was a gift, not a skill?

CW: Anything that can be done consistently is not luck but skill. And skill can be taught to others and, when fully learnt and understood, those others can then do what their teacher can do. Gifts cannot be taught like that, Metabiotics can be taught.

Think of it this way; once long ago people who could play music were considered 'touched by the Gods' because no one understood consciously what the different parts of the skill were, like rhythm and pitch and the relationship of the different parts of the skill were, like

rhythm and pitch and the relationship of the different frequencies. Now that we understand it everyone can learn. Not everyone will end up being Pavarotti though, or Bach, or Mozart, and not everyone would want to because like any skill it takes work and practice. and metaphysics is no different. What my work has done is bring to light some of the important elements of the skill of metaphysics. Anyone can learn if they apply themselves, but it is up to them how far they take it.

Q: So can anyone learn to do what you do?

CW: The vision of the Institute of Metabiotic Medicine is to effect powerful positive change through accessing and appropriately applying the truth in as simple and direct a manner as possible. Metabiotics is a skill the Institute is there to teach and research. So, yes, anyone who wants to can learn it as long as they are willing to put in the practice and work at it.

Q: Is there anywhere we can read about this?

CW: I have written a book which is awaiting publication and the Institute is working on producing some self-help tape sets for next year.

Q: Could you draw my fractal pattern?

CW: I'd like to but it's not all that easy. People's patterns are really neat but they're difficult to draw, not only because fractals are not the easiest thing to draw but also because they're not two-dimensional patterns. It's a many-dimensional pattern so all I could do would be my best approximation.

Q: How can we tell if a therapy is truly holographic?

CW: One of the clearest indicators is integration time. Most modalities work on one level, or maybe two or three, say the mental and emotional levels, and aim to create beneficial effects

there that will eventually 'sink down into' or 'work their way up into' all the other levels of our being. Because with a holographic modality we are working on many different levels at once integration time is virtually instantaneous because all the different levels will change simultaneously. With Metabiotics, whatever positive changes the person will receive they will usually feel them by the end of the session and those changes will then usually be permanent.

Q: Do you see this new, holographic medicine replacing other forms of medicine?

CW: The beauty, as well as the problem, with any kind of good system is that it will continue to perform its original function no matter what. All good systems are self-correcting. Even when you think you may have changed it to something else it will go back to doing its old thing. Medical systems are no different. The way I look at it is this: there are really three types of medicine; three systems with three very different functions.

Modern or conventional medicine was created mainly through war. It was the Crimean War with Florence Nightingale and the two World Wars that got it started. It was created to deal with casualties. In a war you have to handle shock, control pain, deal with haemorrhage and otherwise do your best to stop people from dying. You don't have time to give people individual attention. If you do ten other people might die. You have to force a damaged body to do things it may not want to, like come out of shock, so you use forceful tools like drugs and surgery. In modern medicine they still talk about war; we have 'the war against AIDS' and 'the war against cancer'. Not so long ago some Australian politician was quoted on the radio as saying the mammogram was 'the greatest weapon yet created in the war against breast cancer'.

Complementary, alternative or natural medicine is a peace time system. It began much earlier in history. It is a system devised for when people could take their time. The emphasis here is increasing people's wellbeing. Complementary medicine comes from a time when life was often simply a matter of balance and harmony. Whole plant and/or vibrational medicines such as homeopathics are used to create beneficial changes in the body. You could think of it as influencing the body rather than forcing it. So it works more slowly than conventional medicine but it is less of an 'assault' on the body.

And then there is a third kind of medicine, the new

kind of medicine. The medicine for the new millennium if you like. This is esoteric medicine. It began in the study of the fundamental laws of the Universe. It is a system that aims at assisting the evolution of the consciousness of each person. In many ways this system of healing is a by-product, a side affect. The underlying principle here is; the person is whole and perfect, though they may have forgotten it for the moment and they will re-experience it as a reality when they do remember it. This is where Metabiotic Medicine belongs in the type of medicine that works to remove the negative state from a person entirely, to the point it was as if it had never been through the evolution of the person's consciousness.

Esoteric medicine is not here to replace the other kinds of medicine but to complete the picture. They work well together when we understand their functions. Modern medicine stops you from dying, complementary medicine gets you well again and esoteric medicine teaches you how to stay that way.

If you have any questions Catherine Wilkins can be contacted at the Institute of Metabiotic Medicine on (08) 8232-2882.

Editor's Comment: An interesting video that shows fractals brilliantly is "The Mandelbrot Set" shown on SBS in 1997.