



MEDICINE FOR THE NEW MILLENNIUM IS ALREADY HERE

By Catherine Wilkins B. V.Sc.

- Part One

There are many different paths we can take for healing, some of them more appropriate for us than others, and now a whole new field of therapy is opening up as we begin to appreciate the true nature of our Universe. This new field is holographic therapy, foremost among which is Metabiotic Medicine as pioneered by Catherine Wilkins, founder and director of the institute of Metabiotic Medicine in Adelaide. As this is such a new field we thought we would ask her a few pertinent questions.

Q: First, what does 'Metabiotic' mean?

CW: It's from the Latin. 'Meta-' means larger than or beyond, and '-biotic' means life. So it is medicine that is larger than life, if you like.

Q: I think we'd all like to know how you came to develop metabiotics. You were a vet, I understand Metabiotics is very different!

CW: Yes it is. If you had told me then that I would be doing what I'm doing now I would have laughed. My background is very conservative and scientific. But life has a peculiar way of working these things out. I became desperately ill early on in my career but I stuck fiercely to what I knew, modern medicine. I got slowly and steadily more ill. Eventually I was too weak to argue with those who wanted me to see a naturopath. At that time I thought they were all quacks. When I finally went I couldn't help being impressed with her professionalism, despite the weird things she did, like looking in my eyes and telling me what was wrong with me. So I followed what she prescribed and much to my surprise, I slowly began to heal.

Essentially that started my interest in the alternative field. Eventually, after working on myself for some time, I discovered I could see energy. Soon after that I found I could heal things with it that according to my training I should not be able to. And then my scientific curiosity got the better of me. I had to find a way specifically how it worked, why it worked and how it could be used consistently to diagnose problems, heal disease, release pain, ease trauma and empower people in their lives and do all these things predictably and reliably.

Q: And the holograph of the Universe gave you such a system?

CW: Yes. The answer was there all along. Right

under my nose. It was just a matter of seeing the connections.

Q: How did you come to realise the answer was holographic?

CW: It goes back to a strange personal experience I had when I had been doing a lot of research into the workings of the energy. Perhaps my work had left me open somehow. When I was walking I had a very real sense I was simply walking through my own mind. It felt as though a hundred yards out of my line of sight nothing existed and it only came into existence as I walked towards it and ceased to exist once more when I moved beyond it. It was very strange but felt incredibly real and I remember thinking that this is what it was like to walk through a hologram and so I knew the answer lay there.

Q: So how did that lead to the advanced system of Metabiotics?

CW: As I said. I was searching for something to make my energy work consistent and systematic. Once I realised the answer lay in the holographic nature of the world my research changed direction. I began to research holograms and how they worked and how they were made. There is a very curious property about holograms that many people seem to be familiar with; if I break a hologram into pieces then each piece will contain the complete picture, though admittedly smaller and not so clear. Say the hologram is of a butterfly and you've smashed it into 53 pieces. You now have 53 butterflies.

I realised that it meant that structure of a hologram had to be fractal. Do you know what a fractal is? No? A fractal is a self-similar pattern of infinite detail, which in English means that it is the same pattern repeated over and over again at different levels so no matter which level you look at you will see the same pattern emerging. Take a tree for example. It has the same branch pattern no matter what level we look at it, from the branches to the leaves, to the veins in the leaves to the structure of the cells. It is fractal-like. All natural shapes are fractal. Coastlines are fractals, snowflakes are fractals, ferns are fractals. There is new evidence emerging that our brains store information in fractal-like ways, in the patterns of nerve firings, and that our DNA also stores information in fractal-like ways. So it is not too surprising, I hope, when I tell you that there are fractal

structures in our own energy fields or auras.

This has significant implications for healing. We can tell where a tree has a problem because that area doesn't match the rest of the pattern, whether it is because of a broken branch or because of mistletoe or some other parasite. Subconsciously we know that if the tree was completely healthy the pattern would be whole.

Q: And this is how it works with us?

CW: Exactly. With training, people can learn to pick up the fractal pattern of a particular person, which is uniquely their pattern. And then, just like with the tree, we can see where the person has a problem or an issue because the fractal pattern in the corresponding area is damaged or distorted or broken somehow.

Q: And you heal it using Metabiotics?

CW: That's what the system is, yes. We use energetic techniques you could call holographic energetic surgery to heal the broken fractal. Part of the process is obviously to clear or heal whatever caused the fractal to become damaged in the first place. Depending on the original problem, the person may also require what we call basic Life Skills training, like acknowledgments or creating boundaries.

Q: Do you mean counselling?

CW: A form of it, I suppose, though I see myself more as a trainer-in-life than a counsellor, and I hope it is an attitude I have managed to pass on to my students. People don't need more people to tell them what to do, or so I believe, but many people do need help to learn how to know what to do themselves.

Q: Why does working with fractals make your work holographic?

CW: Because the fractal is repeated infinitely, which is to say it is repeated at every level of consciousness. With training, once you know the person's fractal you can track them throughout the whole of creation, which is to say through the entire hologram. And because we are working on the same pattern no matter where we are working it means we can work on many levels at once.

Q: Just how big is the hologram?

CW: Infinitely huge. There are theories of cosmology - which is the study of the cosmos or how creation got started - which are beginning to say the same thing, that there is more than one Universe and that creation is fractal. In order for our human brains to be able to make sense of it all we call different parts of the hologram by different names, like past, present, future, other dimensions or levels, parallel Universes and so on. They're all just different parts of the hologram.

Q: If the hologram is so huge how can anyone be conscious in it?

CW: With training. That sounds like a joke, but it isn't. In order to be able to work with someone's fractal we need to be able to hold a holographic consciousness. Being able to hold a stable holographic space is perhaps the hardest part of the training, yet like all the other parts all it takes is understanding and practice. The fractal system itself gives us a method for our 3rd dimensional linear brains to cope with hologram. We have a method to

sort information holographically.

Q: That sounds important.

CW: It is. Quite a number of the people we consult with at the Institute are people suffering from advanced metaphysical abilities. I mean that quite literally. They have much more ability than control and it is making them sick. They can't sort out all the information or stop the information coming in. From the research we've done I would say that all metaphysical abilities come from accessing the hologram, whether we are conscious of it or not. Now if the person who is accessing it can't control or sort the information, chances are they will get more than they can use or it will be all jumbled up or it will cause them to go into psychic overwhelm or a number of other symptoms.

Q: Can people in that situation be helped?

CW: Yes though it is more a matter of training than of help. They need to be taught how to control their abilities. WE take them through some of the basic training of a Metabiotic Practitioner and that assists them to become more stable.

Q: So Metabiotic Medicine uses metaphysical abilities rather than some kind of machine?

CW: Yes. Metabiotic Practitioners are highly skilled metaphysical workers who have been trained to operate holographically. The old name for it was hands-on-healing. The current technology is unfortunately not up to picking up the fine detail in the auras that we need.

Editor's Comment: An interesting video that shows fractals brilliantly is "The Mandelbrot Set" shown on SBS in 1997.

Continued next issue.